

## WHAT DOES THE CURRICULUM INCLUDE?

- ◆ Understanding Restorative Justice and the Impact of Crime
- ◆ Motivation to Change
- ◆ Cycle of Violence
- ◆ Recognizing Belief and Thought Patterns
- ◆ Non-Violent Alternatives
- ◆ Physiological Responses
- ◆ Impact of Domestic Violence on Victim, Abuser and Children
- ◆ Identification of Physical, Emotional, Economic, Sexual and Verbal Forms of Violence
- ◆ Role of Substance Abuse
- ◆ Promotion of Accountability, Self-examination, Negotiation and Fairness
- ◆ Identification of Healthy Relationships

## WHAT ABOUT REFERRALS?

Referrals can be made by the Commonwealth's Attorney, Court Services, Probation and Parole offices, Public Defenders, local area shelters and other community based organizations. Self-referrals are also welcome.

*For inquiries and further information:*

**Tel.: 703-246-3033**

**e-mail: [info@oarfairfax.org](mailto:info@oarfairfax.org)**

**web site: [www.oarfairfax.org](http://www.oarfairfax.org)**

## OAR of Fairfax County, Inc.

### MISSION STATEMENT

*"To rebuild lives and break the cycle of crime by providing Opportunities, Alternatives, and Resources for offenders and their families to create a safer community."*

OAR of Fairfax County, Inc.  
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Fairfax, VA 22030-4015

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Opportunities, Alternatives & Resources  
*"Rebuilding Lives and Breaking the Cycle of Crime"*

# Violence Intervention Program

**OAR of Fairfax County, Inc.**

10640 Page Ave., Suite 250  
Fairfax, VA 22030-4015

Office hours: 9:00 a.m. to 5:00 p.m.  
Monday-Friday, except holidays

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# MISSION

*The mission of OAR of Fairfax County, Inc. is to rebuild lives and break the cycle of crime with Opportunities, Alternatives & Resources for offenders and their families to create a safer community.*

## HISTORY

OAR of Fairfax County, Inc. has provided skills-based programs for persons involved with the criminal justice system since 1971. OAR has offered programs such as life skills and anger management for men and women incarcerated in the Fairfax County Adult Detention Center. Classes also have been offered at OAR's main office and other community locations for persons involved with the criminal justice system.

In 2001 statewide standards for batterer intervention programs were adopted by the Commonwealth of Virginia and OAR applied for certification under the standards. OAR's Violence Intervention Program was granted certification and has maintained full certification under the statewide standards ever since.

OAR's Violence Intervention Program's guiding principle is that domestic violence is a crime and will not be tolerated.

OAR also believes in providing program participants with the necessary skills and insights to change their behaviors and attitudes in order to eliminate violence from their lives.

## WHAT IS THE VIOLENCE INTERVENTION PROGRAM?

The Violence Intervention Program (VIP) is an 18-week, referral-based intervention program designed to aid in the reduction and elimination of domestic violence in Northern Virginia. OAR's goal is to increase batterer

accountability, general understanding of the impact of their behavior, and self-regulation skills. Currently, two classes are offered each week for men.

## WHERE IS THE PROGRAM LOCATED?

VIP is offered at the OAR main office located at:

**10640 Page Avenue, Suite 250  
Fairfax, VA 22030**

## HOW MUCH DOES THE PROGRAM COST?

Program participants are required to pay a \$400 fee, plus a \$50 intake fee at the time of assessment. If a participant is determined to be indigent, the participant may exchange community service for all or part of the fee for the course, or make arrangements for a "pay as you go" plan.

**(Note: Fees may change; please confirm current fees with OAR of Fairfax County.)**

## WHAT DOES THE VIOLENCE INTERVENTION PROGRAM OFFER?

### ◆ Trained staff

OAR facilitators have completed 32 hours of initial domestic violence training, in addition to 12 hours of annual continuing education.

### ◆ Comprehensive assessment

A comprehensive assessment, including the participant's patterns of violence,

psychosocial factors and commitment to change is conducted at an intake interview.

### ◆ Collaborative relationships with community organizations and the Court system

OAR provides the referral source with monthly reports, notice of noncompliance with program requirements, and a final report. OAR has written agreements with the Police Department and the Sheriff's Office. OAR also maintains liaison relationships with the Department of Corrections, the Department of Criminal Justice, and the Commonwealth's Attorney. OAR is a member of the Human Services Coalition of Northern Virginia and the Fairfax County Domestic Violence Coalition.

### ◆ Promotion of victim safety

VIP staff work closely with the Victim Services Section of the Fairfax County Police Department to offer referrals about personal safety planning and to notify victims of the enrollment, completion, and/or noncompliance of the program participant.

### ◆ Accountability

OAR uses a range of methods so that participants: acknowledge the pattern of coercive behaviors associated with domestic violence, understand the interpersonal and legal consequences for these behaviors, and are aware of the options available to change these behaviors and eliminate violence from their lives.